

**Si Bonne**<sup>®</sup> LLC  
DUBAI 1989

**PREMIUM  
QUALITY  
SAFFRON**

[WWW.SIBONNE.AE](http://WWW.SIBONNE.AE)



# SAFFRON

## **The most expensive spice in the world**

We all know that saffron is an expensive spice, but many of us are not aware that it is also the most expensive spice in the world. It is a spice and also a colour that is grown under special weather conditions and if we go by the reports, it is there for the last 3000 years. The plant is very delicate and blooms for only one week of the year.

## **Why it is so expensive**

The reason lies in the process of making saffron. The process of plucking the mauve flowers involve at least six hours a day, as for 454 grams of dried saffron, 75000 flowers are required. So, it is a tradition in the families who are involved in the production of saffron that every member pitches in during the plucking season. The plucking process is also not easy, as the flowers grow only six inches off the ground, so the bending for 6 hours become tedious for every person involved in the process.

## **Rich in health benefits**

Saffron is not just a spice, but a medicine too and that has been proved through various researches. If we go by the reports, it has been proven that saffron helps improve mood, PMS symptoms, and aids weight loss as well.



- NO ADDITIVE COLOR
- PREMIUM QUALITY
- LONG FILAMENTS
- SUPER NEGIN



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